

# **CURRICULUM VITAE**

**NAME:** Dr. DEEPA PAULOSE FRCS (Glasgow)

**DATE OF BIRTH:** 14<sup>th</sup> November 1971

**MARITAL STATUS:** Married

**NATIONALITY:** Indian

**E – MAIL ADDRESS** deepapaulose@gmail.com

**PRESENT EMPLOYMENT:** Specialist Ophthalmologist  
American Mission Hospital  
Kingdom of Bahrain.  
**from May 2012**



## **EXPERTISE IN OPHTHALMOLOGY PROCEDURES:**

- Trabeculectomy,
- Phacoemulsification with foldable intraocular lens implantation,
- Small incision cataract surgeries,
- Extra capsular cataract surgeries,
- Pterygium with conjunctival autograft,
- Traumatic corneal tear, scleral tear, lid tear repairs
- LASIK surgeries.

## **PRESENT AND PREVIOUS EMPLOYMENT:**

1. Specialist Ophthalmologist  
American Mission Hospital  
Manama, Kingdom of Bahrain.  
**May 2012 till date**  
Telephone: +973 1725 3447
2. Specialist Ophthalmologist  
KIMS Medical Center, Umm al Hassam, Manama  
Kingdom of Bahrain.  
**March 2011 till Jan 2012**  
Telephone: +973 1782 2123
3. Consultant Ophthalmologist and Head of Glaucoma Unit  
Dr. Tony's Superspeciality Eye Institute, Aluva, Kerala, India,  
**March 2009 till Sept 2010.**  
Telephone: +91 484 2623370
4. Junior Consultant and Camp Medical Officer at the Department of Ophthalmology,  
CBM OPHTHALMIC INSTITUTE, LITTLE FLOWER HOSPITAL, Angamaly  
**July 2005 till March 2009.**  
Telephone: +91 484 2452546
5. ICMR project Officer in charge of Glaucoma, at Department of Ophthalmology  
Little Flower Hospital, Angamaly  
**August 2002 to December 2002.**  
Telephone: +91 484 2452546

6. Ophthalmologist at LUKE MEMORIAL INSTITUTE, Perumbavoor  
**September 2000 to February 2001.**

Telephone: +91 484 2522123

7. Resident Doctor in the Department of Paediatrics and Neonatology  
M.A.J. HOSPITAL, Edappally  
**September 1997 to March 1998.**

Telephone: +91 484 2346996

## **OPHTHALMOLOGY QUALIFICATIONS AND TRAINING COURSES**

### **FRCS Ophthalmology Glasgow**

Passed Part III FRCS exam in February 2014.

### **ICO Fellowship**

Passed the Advanced ICO examination in October 2012 (FICO)

### **Glaucoma Fellowship**

Underwent two months intensive Glaucoma short-term fellowship at  
Aravind Eye Institute, Madurai, INDIA

May 1<sup>st</sup> 2009 till June 26<sup>th</sup> 2009.

This is a program especially designed for Senior Ophthalmologists with interest in  
Glaucoma where-in intensive surgical and medical exposure in the field of Glaucoma is  
ensured.

### **D.N.B. Ophthalmology**

D.N.B. Ophthalmology training at CBM OPHTHALMIC INSTITUTE, LITTLE  
FLOWER HOSPITAL, Angamaly.

January 2003 to January 2005.

Thesis on 'Visual Outcome in Uni-ocular Paediatric Traumatic Cataract'.

### **D.O. (Diploma in Ophthalmology)**

Passed with First Class in July 2000

Kasturba Medical College, Mangalore.

Karnataka state, India

### **M.B.B.S.**

Passed with First Class in March 1995

Kasturba Medical College, Mangalore,

Karnataka, India.

## **COURSES ATTENDED**

Attended '**Clinical Low Vision Workshop**' in July 2008 at St. Joseph's Eye Hospital,  
Trichy, Tamil Nadu, India.

Attended '**Basic Clinical Low Vision Training**' in March 2006 at Venu Eye Institute  
and Research Centre, New Delhi, India

Attended '**Indian Contact Lens Education Program, Basic Course**' (July 2005) and  
Advanced Course (December 2005) at L.V. Prasad Eye Institute, Hyderabad, India.

Has received hands-on training on '**Congenital Cataract and Strabismus**' in Paediatric Ophthalmology from Dr Bill Newman in January 2006 at Little Flower Hospital, Angamaly.

## **AWARDS AND RECOGNITIONS**

Secured first prize, (Dr Tony Fernandez Video Film Award) at the first conference of Ophthalmic Association of South India and Sri Lanka (OASIS) and 32<sup>nd</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons (KSOS) at OASIS DRISHTI 2005 for the video film titled '**Slit lamp Biomicroscopy- A teaching Video**'.

## **SCIENTIFIC PAPER PRESENTATIONS in regional, State and National conferences**

Presented 3 case reports of '**Comparison of Intraocular pressure measurements between Goldmann Applanation Tonometry and Ocular Response Analyser in Normal tension Glaucoma**' at the **First Dr Noel Moniz Memorial Guest Lecture** held in Kochi in February 2010.

Presented scientific paper on '**Comparison of Intra Ocular Pressure (IOP) measurements between Goldmann Applanation Tonometer and Ocular response Analyser**' at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented scientific paper on '**Rose K contact lens fitting for Keratoconus**' at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented scientific paper on '**Evaluation of the Optic nerve head in Glaucoma**' as Faculty member at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented Scientific paper on '**Update on Keratoconus**' as Faculty member at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented Scientific paper on '**Current trends in the management of paediatric Cataract**' as Faculty member at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented Scientific paper on '**Aids in Visual Rehabilitation**' as Faculty member at the 36<sup>th</sup> Annual Conference of Kerala Society of Ophthalmic Surgeons in November 2009.

Presented an Academic poster titled '**Comparison of Intra Ocular Pressure (IOP) measurements between Goldmann Applanation Tonometer and Ocular response Analyser**' at the 19<sup>th</sup> Annual Conference of the Glaucoma Society of India in Nov 2009.

Presented Scientific papers on '**Boston Scleral Contact Lens**' and '**Low Vision Aids: Optical and Non-Optical**' at Continuing Medical Education on Contact Lens and Low Vision Aids in June 2008 at Little Flower Hospital Angamaly.

Presented a Scientific paper on **‘Visual Rehabilitation of Neurological patients’** at the Brain Awareness Seminar in March 2008 held at Little Flower Hospital, Angamaly.

Presented Scientific paper on **‘Visual Rehabilitation of Low Vision Patients: A prospective study’** and presented instruction lecture on **‘Slitlamp Examination of the Anterior segment of the eye’** in 2007 (Annual Conference of the Kerala State Ophthalmologic Society) at Palghat.

Presented a Scientific paper on **‘Low Vision Aids- Evaluation and Prescription’** at Continuing Medical Education Programme (August Ophthalmica 2006).

Presented a Scientific paper titled **‘Ocular Surface Squamous Neoplasia- A Clinical and Histopathological Review’** at OASIS DRISHTI 2005 (Annual Conference of the Kerala Society of Ophthalmic Surgeons).

Presented two Scientific papers at CME on Ocular Oncology and Oculoplasty in May 2005 titled **‘Lid tear suturing’** and **‘Lacrimal system assessment’**.

Presented a Scientific paper titled **‘Topographic Analysis of Corneal Regularity after Penetrating Keratoplasty in Keratoconus’**, at DRISHTI 2003 (Annual Conference of Kerala Society of Ophthalmic Surgeons).

## PROFESSIONAL MEMBERSHIPS

- Life Member of ‘AIOS’ All India Ophthalmological Society
- Life Member of ‘KSOS’ Kerala Society of Ophthalmic Surgeons
- Life Member of ‘GSI’ Glaucoma Society of India

## REFERENCES:

- 1) Dr.S. Tony Fernandes,  
Medical Director,  
Dr Tony’s Superspeciality Eye Institute,  
Aluva 683 101.  
Kerala State, India      Telephone: +91 484 2622373
- 2) Dr Thomas Cherian  
Head of the Department of Ophthalmology  
Consultant Ophthalmologist,  
Little Flower Hospital,  
Angamaly. 683 572.  
Kerala state, India      Telephone: +91 484 2452546.