

CURRICULUM VITAE

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DR. M. YOUNUS SHAIKH
FRCS (Glasgow)
FCPS (Ophthalmology)

PERSONAL PROFILE

NAME	Muhammad Younus Shaikh
DATE OF BIRTH	September 27, 1965
NATIONALITY	Pakistani
LANGUAGES	Spoken and Written: English, Urdu & Arabic

REGISTRATION

- Pakistan Medical & Dental Council.
- Saudi Council of Health Specialists.

ACADEMIC CAREER

A) POSTGRADUATE QUALIFICATIONS

FRCS (Glasgow)	Nov 2009	Fellowship of The Royal College of Physicians and Surgeons, Glasgow, UK
FCPS (Ophth)	April 2004	Fellowship of The College of Physicians and Surgeons, Pakistan.

B) BASIC PROFESSIONAL EDUCATION

MBBS	July 1991	Bachelor of Medicine and Bachelor of Surgery Liaquat Medical College, Sindh University First class.
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C) OTHERS

IELTS	May 2001	International English Language Testing System Scored 7.5 global band in the examination Conducted by the British Council.
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WORK EXPERIENCE

I have 16 years of experience in Ophthalmology, including five years post fellowship experience. I am FRCS (Ophthalmology) from Royal college Of Physicians & Surgeons Glasgow & FCPS (Ophthalmology) from college of Physicians & Surgeons Pakistan. I have worked throughout as 1st on call in Ophthalmology & I have adequate exposure and experience in managing various eye emergencies like, ocular chemical burns, acute congestive glaucoma, corneal ulcer, blunt and penetrating ocular trauma, foreign bodies, postoperative Endophthalmitis etc.

PRESENT POST

<u>DATE</u>	<u>POST / HOSPITAL</u>
16.07.2005 to Date	Ophthalmologist King Khalid General Hospital Hafar al Batin, Saudi Arabia.
01.01.2009 to date	Associate Professor of Ophthalmology Muthusamy Virtual University of Post Graduate Ophthalmology.

PREVIOUS POSTS

14.04.1994 to 10.07.2005	Registrar (Ophthalmology), Dow Medical College & Civil Hospital, Karachi Pakistan
08.10.2001 to 07.01.2002	Clinical Attachment (Ophthalmology), Rotherham General Hospital, Rotherham, South Yorkshire, U.K
12.10.1993 to 13.04.1994	Casualty Medical Officer (Emergency & Trauma) Civil Hospital, Karachi, Pakistan

22.01.1993 to 11.10.1993	Medical Officer (G. Medicine) Social Security Hospital, Karachi, Pakistan
05.12.1991 to 04.06.1992	House Officer (General Surgery), Surgical Unit II, Liaquat medical college & Civil Hospital, Hyderabad. Civil Hospital, Karachi, Pakistan
05.06.1991 to 04.12.1991	House Officer (General Medicine), Medical Unit I / IV Civil Hospital, Hyderabad, Pakistan

EXPERIENCE IN OPHTHALMOLOGY

IN SAUDI ARABIA

King Khalid General Hospital (KKGH) is a 350 bedded hospital of the Ministry of Health, Government of Saudi Arabia, catering for a population of about 450,000. The Department of Surgery includes general surgery as well as all the surgical sub specialties including ophthalmology.

This unit accepts 24 hours unselected ophthalmic emergencies as well as referred cases from the primary care units and 2 peripheral hospitals apart from having 10 outpatient sessions per week. Moreover we cater consultations from all the departments of the hospital.

Apart from all ophthalmological emergency surgeries we have 2 sessions of elective surgeries and one session of LASERS per week.

This hospital has a well equipped radiology department including CT scan, MRI as well as a laboratory including histopathology.

As Associate Professor of Ophthalmology Muthusamy Virtual University of Post Graduate Ophthalmology.

I was appointed as an Associate Professor of Ophthalmology Muthusamy Virtual University of Post Graduate Ophthalmology from 01.01.2009. This Virtual University is the first of its kind in the world. we provide guidance & assessments to post graduate Ophthalmology students.

IN UK

I commenced clinical attachment at Rotherham District General Hospital, as part of my training for final Fellowship examination, to further my knowledge and skills in this field. This is a busy tertiary care district hospital. The department of Ophthalmology serves the population of Rotherham with outpatient clinics at Bassetlaw and Barnsley District General Hospitals, thus serving a large drainage area. The department has 26-bed ward. The clinics are well equipped with facilities for A and B scans, FFA, Argon and Yag lasers, Perimetry and Hess charting. There is also an active Orthoptic department and a low vision aid (LVA) service.

During my observership period in this unit, I regularly attended outpatient clinics that comprise general Ophthalmic, glaucoma, diabetic and retina clinics; I also attended Orthoptic assessment sessions.

During this period I gained considerable experience in the management of both routine and emergency ophthalmic cases. I took active participation in weekly teaching programs as well as in monthly audit meetings.

IN PAKISTAN

I joined Civil Hospital Karachi as a full time Resident Medical Officer after passing the Public Service Commission examination. This is one of the largest and leading teaching hospitals in the country affiliated to Dow Medical College, with 1675 beds in 35 disciplines. It has a 45-bedded ophthalmic unit that is recognized for FRCS and MRCOphth training.

I worked in outpatient clinics and theatre sessions on alternate days. I was responsible for the complete workup of inpatients including preoperative assessments and was first on call for A & E. I gained considerable experience in various ophthalmic procedures like direct and indirect ophthalmoscopy, refraction, slit lamp examination, funduscopy, biometry, and perimetry and fundus fluorescein angiography. I acquainted myself of the use of Argon and YAG lasers. In the theatre, I assisted the consultants in almost all major and minor ocular procedures and by the end of the residency I was able to perform independently minor procedures as well as major surgeries like ECCE with IOL implantation.

DIAGNOSTIC PROCEDURES

During my residency, I have learned considerable experience in the execution and interpretation of various diagnostic procedures like gonioscopy, fundus examination with direct and indirect ophthalmoscopes as well as various fundus lenses, keratometry, A and B scan ultrasonography, perimetry, fundus fluorescein angiography, Hess charting etc.

SURGERIES

I am performing various supervised and independent procedures including lid surgeries (cyst excision, lid repair etc.), probing and syringing, pterygium excision, removal of foreign bodies, ECCE with IOL implantation, etc.

I am also assisting seniors in the theatre for squint, Phacoemulsification and glaucoma surgeries, penetrating keratoplasty, DCR, ptosis correction, lid reconstructive and vitreoretinal procedures.

LASERS

I am doing Yag Laser for posterior capsulotomy & iridotomy as well as laser photocoagulation in various medical retina cases.

SPECIALIST CLINICS

I have worked in glaucoma, cornea, diabetic, pediatric and retina clinics as a teaching part of my residency in Ophthalmology.

EYE CASUALTIES

I have adequate exposure and experience in managing various eye emergencies like, ocular chemical burns, acute congestive glaucoma, corneal ulcer, blunt and penetrating ocular trauma, foreign bodies, postoperative Endophthalmitis etc.

COMMUNITY/ EPIDEMIOLOGICAL WORK

I actively participated in various outreach rural eye camps organized by the Lions club and the Society for the prevention and cure of blindness (SPCB) in Pakistan. This helped me gain experience in identifying the causes of blindness in rural areas.

TEACHING

I took avid interest in the teaching and training of undergraduate students during their 4th and final professional MBBS Ophthalmic rotations.

COURSES AND SYMPOSIA

IN SAUDI ARAB

December 14-15 2009	First International ophthalmic symposium	Dhahran Eye Specialist Hospital, Saudi Arab
March 2009	Annual Ophthalmology conference	King Khalid Specialist Hosp Riyadh, Saudi Arab.
Nov 12, 2007	Basic life support (BLS)	KKGH Hafar al Batin
March 2007	Recent Trends in Ophthalmology	King Khalid Specialist Hosp Riyadh, Saudi Arab.
Nov 2005	Ocular complications of systemic diseases	Armed Forces Hospital Riyadh, KSA

IN UK

• Oct 2001	Audit meeting on visual fields	Rotherham DGH
• Nov 2001	Audit meeting on Endophthalmitis	Rotherham DGH

IN PAKISTAN

Feb 2005	Annual Karophth Conference	
Mar 2004	Photodynamic Therapy	Pof M I Adhi, Karachi

RESEARCH AND PUBLICATIONS

- Dissertation on **Role of CT Scan & MRI in Ophthalmology**, submitted to the faculty of College of Physicians and Surgeons, Pakistan (CPSP) in July 2001. The study was conducted at Civil Hospital, Karachi, over a period of 2 years and included the 45 cases of Ophthalmic & Neurophthalmic interest. The main aims of study were to analyze the role of CT scan and MRI in the diagnosis of various ophthalmic & neurophthalmic lesions. The faculty approved the study in November 2001.

AUDITS

- Nov 2001 **Visual field defects** Rotherham, UK
- Nov 2001 **Endophthalmitis** Rotherham, UK

PRESENTATION

- December 2008 Diabetic retinopathy KKGH Hafar al Batin
- July 2009 Ocular Trauma KKGH Hafar al Batin
- August 2009 Corneal Dystrophies KKGH Hafar al Batin
- September 2009 Capillary Hemangioma Management KKGH Hafar al Batin
- May 2004 **Lasik Complications** Civil Hospital KHI
- Feb 2004 **Optic Disc Drusen** Annual Karachi Ophthalmic Conference (Karophth)
- Aug 2003 **Squamous cell Ca of Conjunctiva** Liaquat National Hospital
- Nov 2001 **Complications of Argon Laser** Rotherham DGH, UK
- Nov 2001 **Central retinal vein occlusion** Rotherham DGH, UK

REFERENCES

Prof. M. I Adhi

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