Dr. Pragya Porwal

MS (OPHTHALMOLOGY), FRCS (GLASGOW), FICO (UK)

SEX: FEMALE DOB: 29 MAR 1983

CONTACT NO: +919967659295, 7999099468 EMAIL ID: pragyabali09@gmail.com

EDUCATIONAL QUALIFICATIONS

- FELLOWSHIP OF THE ROYAL COLLEGES OF SURGEONS (FRCS), GLASGOW, UK, 2017
- FELLOW OF INTERNATIONAL COUNCIL OF OPHTHALMOLOGY (FICO), UK, 2016
- FELLOWSHIP IN GLAUCOMA

BOMBAY CITY EYE INSTITUTE & RESEARCH CENTRE, MUMBAI

(JAN 2016- APR 2016)

• FELLOWSHIP IN COMPREHENSIVE OPHTHALMOLOGY & PHACOEMULSIFICATION

BOMBAY CITY EYE INSTITUTE & RESEARCH CENTRE, MUMBAI

(DEC 2014- DEC 2015)

- MS IN OPHTHALMOLOGY with 61% from Bombay Hospital Institute of Medical Sciences, Mumbai (Affiliated to MUHS, Nashik and recognised by the Medical Council of India) (JULY 2011)
- MBBS with 66% from Grant Medical College, J.J Group of Hospitals, Mumbai (Affiliated to MUHS, Nashik and recognised by the Medical Council of India)

(JUN 2006)

• ALL INDIA SENIOR SECONDARY EXAMINATION, CBSE with 84%

(MAY 2000)

WORK EXPERIENCE

• CONSULTANT (SEP 2017 – PRESENT)

Indubai Parekh Memorial Hospital (Aditya Birla Trust), Birlagram, Nagda, MP

• CONSULTANT (APR 2017 – JUL 2017)

Ojas Eye Hospital, Mumbai

• CONSULTANT, GLAUCOMA & GENERAL OPHTHALMOLOGY

(JUN 2016 - MAR 2017)

Bombay City Eye Institute and Research Centre, Mumbai

- * Proficient in diagnosis & medical management of glaucoma.
- * Performed over 25 peripheral iridotomies independently.
- * Performed over 110 Phacoemulsification surgeries and 100+ small incision cataract surgeries.
- * Proficient in postoperative management of tarbeculectomy surgery.
- * Assisted trabeculectomies, combined cataract & glaucoma surgeries.
- * Performed Pterygium Excision surgeries with Autologous graft, Dacryocystorhinotomy surgeries, Chalazion incision & drainage, Intravitreal antivegfs
- * Performed over 300 YAG capsulotomies

• SENIOR REGISTRAR

(AUG 2013- JULY 2014)

BYL Nair Charitable Hospital & TN Medical College, Mumbai

• MS RESIDENCY

(JUN 2008 - MAY 2011)

Bombay Hospital Institute of Medical Sciences, Mumbai

• HOUSEMAN

K B Bhabha Municipal Hospital, Bandra (West), Mumbai

(AUG 2009 - JAN 2010)

Municipal Eye Hospital, Mumbai

(FEB 2010 - JULY 2010)

• INTERNSHIP TRAINING

(AUG 2007 - SEP 2008)

J J Group of Hospitals, Mumbai

Address: 81/6, GM Staff Colony, Grasim, Birlagram, Nagda, Madhya Pradesh, 456331

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PAPER PRESENTATIONS AND CONFERENCES

- Participated as delegate in annual conferences held by Bombay Ophthalmologists Association (BOA), 2011-2016
- Participated as delegate in MOSCON 2016
- Participated as delegate in XITH International Congress on Advances in Ophthalmology Eye Advance, June 2016
- Participated as delegate in "How Do I Save My Skin" held by BOA, June 2016
- Participated as delegate in Glaucoma Management held by Bombay Ophthalmologist Association, Jan 2014
- Published case report on "Management of complicated cataract", Bombay Hospital Journal, 2009
- Presented case report on "Management of complicated cataract", at the 164th Research Meeting of the Medical Research Centre of Bombay Hospital Trust, Nov 2008
- Presented "Comparison of efficacy of light laser photocoagulation over conventional laser photocoagulation for diabetic clinically significant macular edema- interim results at 1 year", 171th Research Meeting of the Medical Research Centre of Bombay Hospital Trust, Aug 2009
- Presented case report on "Bilateral retinal detachment in acute lymphoblastic leukaemia", 178th Research Meeting of the Medical Research Centre of Bombay Hospital Trust, Oct 2010
- Attended 28th Annual Conference of Maharashtra Ophthalmological Society, Mumbai, Sept 2010
- Attended 29th Annual Conference of Maharashtra Ophthalmological Society, Mumbai, Sept 2009
- Attended 17th Annual Conference of Bombay Ophthalmologist's Association, Mumbai, Sept 2009
- Participated in Annual Eye Camp by Rotary Club at Cuff Parade, Mumbai in Jan 2009
- Attended HIV/AIDS Training Workshop by Mumbai District AIDS Control Society at Grant Medical College, Mumbai, Sept 2006
- Participated in Medical Seminar & Presentation at Rajiv Gandhi Medical College, Thane, Feb 2005
- Participated in JAGRUTI- 3rd Asia Pacific Reach to Recovery International Breast Cancer Support Conference, Mumbai, Nov 2006

AWARDS & EXTRA-CURRICULAR ACTIVITIES

COMMUNITY SERVICE

- Led the Annual Eye Health Camp by Rotary Club at Cuff Parade, Mumbai, Jan 2009
- Active Member of the Maharashtra State Blood Donors Forum, donating blood regularly

SPORTS & OTHERS

- Participated and won several school and university level debates, elocution, dramas
- Stood second in the underarm cricket event organised by Grant Medical College Students' Association at Grant Medical College, Byculla, Mumbai, Jan 2003

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