

CURRICULUM VITAE

Prof. Dr. Muhammad Rashad Qamar Rao

PMDC: 28892-P | CPSP Fellowship: OPL-01-3809

CNIC No: 31202-17150161 | Faculty Registration No: 0293/28892-P/M



1. Personal Information

Date of Birth: 1st January 1972

Address: 4-Nishtar Estate, Nishtar Medical University, Multan, Pakistan.

Email: drashadqr@yahoo.com

Telephone: +92-300-9687434

2. Qualifications

- MPH: Times Institute, Multan, Punjab, Pakistan, 2021
- FACS: American College of Surgeons USA, 2017
- **Fellowship in Vitreo Retina Ophthalmology**, International Council of Ophthalmology, 2013
- MCPS (Health Professions Education/HPE): College of Physicians and Surgeons of Pakistan, 2013
- FRCS: Royal College of Surgeons, Glasgow, UK, 2007
- FCPS: Liaquat National Hospital, Karachi /College of Physicians and Surgeons of Pakistan, 2001
- MCPS(Ophthalmology): Liaquat National Hospital, Karachi /College of Physicians and Surgeons of Pakistan, 2001
- MBBS: King Edward Medical college, Lahore, 1995
- INTERMEDIATE: Government Sadiq Edgerton College, Bahawalpur. Pakistan, 1989
- MATRICULATION: Government Satellite Town High School, Bahawalpur. Pakistan, 1987

3. Teaching & Clinical Experience

CAREER POSITION (Non Clinical)

- | | |
|---|--------------------------------|
| • PRINCIPAL/ Chief Executive | 10/10/2021 – TO Date |
| Nishtar Medical College, Multan. Pakistan | |
| • PRINCIPAL/ Chief Executive | 05/06/2021 – 22/02/2022 |
| Sahiwal Medical College, Sahiwal. Pakistan | |
| • Director Recruitment (Additional Charge) | 2020 – Present |

Nishtar Medical University, Multan. Pakistan

- **Head of Department / Chairman** **2017 – Present**
Department of Ophthalmology, Nishtar Medical University, Multan. Pakistan
- **Director Department of Medical Education (DME)** **2017 – Present**
Nishtar Medical University, Multan. Pakistan
- **Director Post Graduate Training (PGT)** **2017 – Present**
Nishtar Medical University, Multan. Pakistan
- **Director Student Affairs** **2017 – 2020**
Nishtar Medical University, Multan. Pakistan
- **Director University Sports (Additional Charge)** **2019 – 2020**
Nishtar Medical University, Multan. Pakistan

CAREER POSITION (Clinical)

Professor Ophthalmology 3/3/2017 – Present

- Nishtar Medical University, Multan. Pakistan

Professor Ophthalmology 1/3/2016 – 3/3/2017

- Sahiwal Medical College, Sahiwal. Pakistan

Associate Professor Ophthalmology 1/1/2010 – 29/2/2016

- Bahawal Victoria Hospital, Bahawalpur. Pakistan

Assistant Professor Ophthalmology 4/4/2006 – 31/12/2009

- Bahawal Victoria Hospital, Bahawalpur. Pakistan

Senior Registrar 20/11/2001 – 3/4/2006

- Bahawal Victoria Hospital, Bahawalpur. Pakistan

Resident Medical Officer 15/10/1999 – 14/10/2001

- Liaquat National Hospital, Karachi. Pakistan

Resident Medical Officer 15/5/1997 – 2/8/1999

- LRBT Lahore. Pakistan

House Officer (Ophthalmology) 1/2/1996 – 31/1/1997

- Mayo Hospital, Lahore. Pakistan

ACADEMIC ACTIVITIES

- Teaching Undergraduates Since 2001 (Clinical Teaching and Lectures).

- Teaching Postgraduates of DOMS, MS, MCPS, FCPS Since 2001.
- Examiner, Paper Setter, Paper Assessor for Undergraduates since 2001
- Supervisor for FCPS Part-II Training in Ophthalmology by CPSP since 2007
- Examiner, Paper Setter, and Paper Assessor for MCPS, IMM, FCPS in Ophthalmology & FCPS in Vitreo Retina
- Supervisor in Vitreo Retina Ophthalmology since 2017.
- Examiner and Facilitator in BSc Optometry

4. Administrative and Planning Experience

General Secretary	8/2017 - Present
Ophthalmological Society of Pakistan, Multan Branch	
General Secretary	2017 - 2018
Pakistan Oculoplastic Association	
General Secretary	6/2007 - 8/2017
Ophthalmological Society of Pakistan, Bahawalpur Branch	

CPSP Contribution:

- Contrller examination, CPSP, Multan
- Joint Controller Examination , CPSP, Bahawalpur
- Member of Faculty of Ophthalmology, CPSP.
- Member Faculty of Department Medical Education (DME), CPSP.
- Approved Examiner of CPSP for MCPS, IMM, FCPS, FCPS-VR
- Approved Supervisor of CPSP for MCPS, FCPS & VR Ophthalmology FCPS
- Approved Facilitator for CPSP supervisor workshops

OSP Contribution: ORGANIZING CONFERENCES, WORKSHOPS & SYMPOSIA.

- Annual Symposium on Surgical Retina in Nishtar Medical University, Multan in 2017
- Annual Symposium on Ophthalmology Updates in Nishtar Medical University, Multan in 2018
- Workshop on BOTOX at Nishtar Medical University, Multan in 2018
- Annual Symposium on Medical Retina at Nishtar Medical University, Multan in 2019
- Annual Symposium on Cornea & Refractive Surgery at Nishtar Medical University, Multan in 2020
- Monthly Clinical Meetings by OSP Multan
- MEET the EXPERT sessions by OSP Multan
- **Member of OSP since 2001**

- General Secretary of OSP, Bahawalpur Branch. (2007-2017)
- General Secretary of OSP, MULATN Branch. (2017-date)
- General Secretary of Pakistan Oculoplastic Association.(2017/2018)

5. Research & Publications

Sr. No.	National publications
1.	Muhammad Rashad Qamar , Ejaz Latif, Tariq Mehmood Arain, Qasim Mansoor. Intralesional Triamcinolone Injection for The treatment Of Chalazia. Pakistan Journal of Ophthalmology 2005; 21:114-117.
2.	M A AHAD, M R QAMAR , S K HINDI, M N KID. Effect of Anterior Capsular Polishing on the incidence of YAG Capsulotomy. ANNALS of KEMC 2005; 11: 273-276.
3.	R M R QAMAR , Q MANSOOR, T MAJEED. Recurrent Retinal Artery Ischemia as a presenting symptom of Ophthalmic Artery aneurysm. ANNALS of KEMC 2005; 11:577.
4.	R M R QAMAR , Q MANSOOR, T MAJEED. Third Nerve Paralysis due to Cranial Metastasis of Prostate Tumor .ANNALS of KEMC 2006; 12:179.
5.	Qasim Mansoor, Rao Rashad Qamar , S. Biswas, H. P. Adhikary. Long term Follow-up of Corneal and Sclero-corneal Grafting in severe eye perforations. Pakistan Journal of Ophthalmology 2006;22:92-96.
6.	Mazhar-U-Zaman Soomro, Rao Rashad Qamar . Squamous Cell Carcinoma. Pakistan Journal of Ophthalmology 2006; 22:161-162.
7.	Dr. Rao Muhammad Rashad Qamar , Dr. Muhammad A Ahad, Dr. Chung N Chua. Surgery for Lower Lid senile Ectropion; lateral Tarsal Strip versus Full Thickness Pentagonal resection. The Professional 2006; 13:403-409.
8.	Rao M Rashad Qamar , Muhammad A Ahad, Tariq M Arain. Delayed Supra Choroidal Hemorrhage after Secondary Anterior Chamber Intra Ocular Lens Implant in a patient on warfarin Therapy. Pakistan Journal of Ophthalmology 2007; 23:48-49.
9.	Mazhar-U-Zaman Soomro, Imran Attaullah, Rao Rashad Qamar . Safety, Acceptability and Efficacy of Periconal as compared to Retro bulbar anesthesia in Cataract surgery. Pakistan Journal of Ophthalmology 2007; 23:133-135.

10.	Rao Muhammad Rashad Qamar , Qasim Mansoor, Mazhar-U-Zaman Soomro, Imran Attaullah. Role of Orbital septum and Fibro adipose Tissue in Congenital Ptosis surgery. Pakistan Journal of Ophthalmology 2008; 24:140-142.
11.	Ejaz Latif, Rao Rashad Qamar , Imran Attaullah, Mazhar-U-Zaman Soomro. Ocular Myiasis. Pakistan Journal of Ophthalmology 2008; 24:151-152.
12.	Muhammad Younis Tahir, Rao Muhammad Rashad Qamar , Ejaz Latif. A review of 100 cases of ocular trauma admitted in Eye ward. Presentation, management, and visual outcome. Al-Shifa Journal of ophthalmology 2009; 5:79-83.
13.	Muhammad Rashad Qamar , Ejaz Latif, Tariq Mehmood Arain, Ehsan Ullah. Supratarsal Injection of triamcinolone in vernal keratoconjunctivitis. Pakistan Journal of Ophthalmology 2010; 26:28-31.
14.	Rao Muhammad Rashad Qamar , Muhammad Younis Tahir, Abid Latif, Ejaz Latif. Outcome of Levator Resection in Congenital Ptosis with poor Levator Function. Pakistan Journal of Ophthalmology 2011; 27:128-132.
15.	Rao Muhammad Rashad Qamar , Ejaz Latif, Muhammad Younis Tahir, Muhammad Moin. Outcome of Delayed Lacrimal Probing in Congenital Obstruction of Nasolacrimal duct. Pakistan Journal of Ophthalmology 2012; 27:175-179.
16.	Rao M. Rashad Qamar , M. Imran Salem, Muhammad Farhan Saleem. Major review of the Application of Femtosecond Laser in ophthalmology. International Ophthalmology Update 2013; 11:159-169.
17.	Sadiq Hussain, Muhammad Rashad Qamar , Muhammad Arshad Iqbal, Amer malik, Ehsan Ullah. Risk Factors of Retinopathy in Type 2 Diabetes Mellitus at a Tertiary care hospital, Bahawalpur, Pakistan. Pakistan Journal of Medical Sciences 2013; 29:536-538.
18.	Rao Muhammad Rashad Qamar , Muhammad Imran Salem, Muhammad Arshad, Muhammad Farhan Saleem, Muhammad Tariq Aslam, Uraiba Naeem et al. Comparison of efficacy between Intravitreal (IVT) & Posterior Sub-tenon (PST) injection of Triamcinolone Acetonide (TA) for the Treatment of diffuse Diabetic Macular Edema (DME).International Ophthalmology Update July-Sept 2013;11:191-196.
19.	Rao Muhammad Rashad Qamar , Amina Ahmad, Khurram Niaz. Learning through Small Group Discussion versus Didactic Lectures. Pak Armed Forces Med J 2015; 65(3):386-90

20.	Aslam RMT, Qamar RMR, Siyal NA. Cataract Surgery; Is topical anesthesia for all is a future in cataract surgery? A comparison between topical & retrobulbar anesthesia in terms of pain during cataract surgery. Professional Med J 2015; 22(8):1096-1100.
21.	Dr. Rao Muhammad Rashad Qamar , Dr. Sadiq Hussain, Dr. Rao Muhammad Aslam Tariq. DIABETIC RETINOPATHY; Prevalence among patients attending the free eye camps for cataract surgery in Southern Punjab, Pakistan. The Professional Med J 2016; 23(5): 571-575.
22.	Rashid Riaz, Muhammad Sher Zaman, Rao Rashad Qamar . SPECTACLE-WEAR; Compliance of Spectacle wear in school going children of Multan. The Professional Med J 2018; 25(12): 1852-1856.
23.	Sidra Riaz, Muhammad Tariq Khan, Khalid Mehmood, Qasim Latif, Z A Qazi, Muhammad Rashad Qamar Rao . Incidence and Characteristics of Ocular Trauma with Intra Ocular Foreign Bodies (IOFB) in a tertiary care Eye Hospital in Lahore. Pakistan Journal of Medical & Health Sciences Oct-Dec 2019; 13:971-973
24.	Rashad Qamar Rao , Wamiq Mehmood, Raza Ali, Akifa Abbas, Waseem Sajjad, Afifa Batool. Different Patterns of Glaucoma Management in South Punjab. The Professional Med J 2020; 27(12): 2586-2590.
25.	Rashad Qamar Rao , Raza Ali Shah, Nausherwan Adil, Akifa Abbas. Efficacy of pars plana vitrectomy (PPV) for visually significant vitreous opacities. The Professional Med J 2022; 29(02): 179-182.
26.	Poombal, Qamar RR , Sajjad W, Mahmood W, Aiman. Using Survey Scale to Assess the Reduction in Intensity of Vernal Keratoconjunctivitis Symptoms after Administration of Drugs in Tertiary Care Hospital: Doi: 10.36351/pjo.v38i3.1410. Pak J Ophthalmol [Internet]. 2022 Jul. 1 [cited 2022 Jul. 15];38(3).
27.	Rao, MRQ , Aleem M, & ullah, M I. (2022). An Empirical Study of Autonomous Medical Institution to Identify the Role of Human Resources Practices on Perceived Employees Performance in Punjab, Pakistan. Pakistan Journal of Humanities and Social Sciences, 10(2), 678–687.
Sr. No.	International publications
1.	Rashad Qamar Rao , Tariq Mehmood Arain, Muhammad Ali Ahad. The prevalence of Pseudo exfoliation Syndrome in Pakistan-Hospital based study. BMC Ophthalmology 2006; 1-5.

2.	Rao M. Rashad Qamar , Muhammad Imran Salem, Muhammad Farhan Saleem. The Outcome of Pars Plana Vitrectomy without Tamponade for Tractional Retinal Detachment Secondary to Diabetic Retinopathy. The Malaysian Journal of Medical Sciences May-Jul 2013; 20(3): 56-61.
Sr. No.	Book
1.	ENDOPHTHALMITIS; A Management Protocol

Research in pipeline

- Association of perception of educational environment and self-esteem in students at medical college.

BOOK in Pipeline

- A last drift to Success in OphthalmologyOcular Examination; Clinical Protocols, Investigations & Gadgets.

Reviewer of Peer Review Journals

- PJO
- Professional
- JLUMHS

6. Audits

I was lead person involved in the following audits:

- Audit of delayed probing in congenital nasolacrimal duct blockade, 2012. The study includes 110 blocked Nasolacrimal ducts of one hundred (100) patients. Age ranged between 13-32 months (Mean = 17 months). All patients had epiphora since birth. One attempt at probing resulted in resolution in 84.54 (93 of 110) eyes. Seventeen eyes (8.18%) needed a repeat procedure. The overall success rate was 92.72% (102 of 110). There was no significant difference in the cure rate with increasing age ($P = 0.60$). Complications were noted in none of the patients.
- Audit of posterior sub tenon (PST) injection of triamcinolone in diabetic macular edema as compared to intravitreal (IVT), 2012. The study includes 60 patients with

diabetic macular edema. The eyes treated with an IVT, and PST injections showed significant improvement in the best corrected visual acuity, both after one and three months of treatment but the difference was significant after six months. Macular thickness was found significantly improved after six months with PST as compared to IVT. There was no display of significant increase of intraocular pressure after one, three and six months when compared to baseline value in both types of modalities.

- Audit of supratarsal Injection of triamcinolone in vernal keratoconjunctivitis, 2010. Treatment of 880 eyes of 440 patients of VKC was conducted by injecting Triamcinolone in supra tarsal space. Patients were followed up and multiple injections were given to control the disease. Transient redness was most common among the side effects of injection therapy. Study showed 100% effectiveness of supratarsal injection of Triamcinolone acetonide in the control of VKC although recurrence was seen.
- Audit of Personal cataract surgery, 2011. Purpose: To compare personal cataract surgery outcomes against standard set by the Royal College of ophthalmologists London. Outcome: 91% of cases achieved either 6/9 or better post-op best corrected visual acuity. 93% of patients remained within one diopter of predicted post-op refractive error. No cases of refractive surprise found. Complications rate was 0.05% (post-capsule rupture)

7. Participation in conferences

National presentations delivered

1. Intralesional triamcinolone for the treatment of chalazia
(National surgical conference Bahawalpur, Feb. 2004)
2. Prevalence of pseudo exfoliation syndrome in given population
(Lahore Ophthalmology, Dec. 2004)
3. Perilesional steroid in chalazia
(Karophth, Feb. 2005. Karachi)
4. Supratarsal injection of Triamcinolone for VKC
(Annual congress of ophthalmology. May 2005, Islamabad)
5. Corneal Dystrophies
(Khyber eye symposium, July 2005, Abbottabad)
6. Levator Resection in congenital Ptosis with poor levator function.
(Bahawalpur ophthalmology, Feb. 2006, BWP)

7. Late probings –success in congenital NLDB
(Karophth, March 2006, Karachi)
8. Phaco Course—Phaco for beginners.
APAO- Lahore Feb. 2007
9. Role of Orbital septum and Fibro adipose Tissue in Congenital Ptosis surgery.
Karophth, Feb. 2008, Karachi
10. Glaucoma capsulare—Ignored area.
Annual congress of ophthalmology. May 2008, Islamabad
11. Safety & efficacy of intracameral Moxifloxacin in prevention of post-op endophthalmitis.
Lahore Ophthalmo, Jan. 2009
12. Comparison of intravitreal (IVT) versus posterior subtenon (PST) injection of
triamcinolone in diabetic macular edema.
Karophth, Feb.2009, Karachi
13. Advanced Phaco course.
Lahore ophthalmo-Dec 2009
14. Accepting the less evil-surgical options in congenital cataract.
Karophth, Feb.2010, Karachi
15. Early experience of pars Plana Vitrectomy at BVH, Bahawalpur.
Karophth, Feb.2010, Karachi
16. Congenital Ptosis-Levator function is NO issue.
Oculoplastic symposium Nawab Shah, March 2010
17. Constructing the Best incision in phaco.
Bahawalpur phaco symposium, March 2010
18. Senile Ectropion-surgical options.
Annual congress of ophthalmology. April 2010, Islamabad
19. Childhood Lacrimal disorders/management
Khyber eye symposium, July 2010, Abbottabad
20. Initial experience of pars plana vitrectomy in Bahawalpur Victoria Hospital, Bahawalpur.
Hyderabad ophthalmic conference, Nov. 2010
21. Congenital cataract...a debate.
Hyderabad ophthalmic conference, Nov. 2010
22. Phacoemulsification in phacomorphic glaucoma.
Lahore, Ophthalmo-Dec 2010
23. Retinal Dystrophies.
Khyber eye symposium, July 2011, Nathia Galli
24. Workshop on Time Management.
November 2011, HPE session, CPSP Lahore
25. Phacoemulsification in Phacomorphic Glaucoma.
Hyderabad ophthalmic conference, January 2012

26. Workshop on Assessment, How to make a GOOD MCQ.
May 2012, CPSP Bahawalpur
27. A course on Pars plana Vitrectomy, innovations, and update.
Hyderabad Conference, Sept 2012
28. A course on advanced phacoemulsification techniques in difficult cases.
Lahore Ophthalmology, Dec 2012
29. Workshop on Attribution.
September 2013, CPSP, Bahawalpur
30. Workshop on Feedback and Counselling.
November 2013, CPSP Bahawalpur
31. Workshop on Role of Assessment in medical education.
December 2013, CPSP Bahawalpur
32. Workshop on Education Planning & Evaluation (EPEV).
October 2014, CPSP, Lahore
33. Workshop on Assessment of competence.
November 2014, CPSP, Lahore
34. Workshop on Supervisory skills.
December, 2014 CPSP, Lahore
35. New Trends in the management of Diabetic Macular Edema
December 2014, Winter Retina Congress, Murree
36. OCT in Diabetic Retinopathy
February 2015, Nawab Shah Symposium
37. Workshop on Education Planning & Evaluation (EPEV)
March 2015, CPSP Bahawalpur.
38. Workshop on Assessment of Competence (AOC)
April. 2015, CPSP, Bahawalpur.
39. Workshop on LEADERSHIP
November 2016, NMC, MULTAN
40. INTEGRATED CURRICULUM for Undergraduates.
January 2016, UHS, Lahore
41. Workshop on Education Planning & Evaluation (EPEV).
April 2016, CPSP, Lahore
42. Workshop on Professionalism.
September 2016, QAMC, Bahawalpur
43. Workshop on Assessment of competence.
November 2016, CPSP, Multan
44. Workshop on Supervisory skills.
December 2016, CPSP, Bahawalpur
45. Workshop on Education Planning & Evaluation (EPEV).
January 2017, CPSP, Bahawalpur
46. Workshop on Assessment of competence.

February 2017, CPSP, Multan

47. Updates on Diagnostic ophthalmology.

February 2017, Annual OSP KPK congress, Peshawar

International presentation delivered

1. Pars plana Vitrectomy in visually significant vitreous opacities.

APAO/SOE Busan, Korea. April 2012

2. Phaco-emulsification in small pupil

Teaching session in James Cook University Hospital, Middlesbrough, UK

3. Phacoemulsification in Phacomorphic glaucoma

Regional Meeting in Royal Victoria Hospital, Newcastle, UK

Participated as a delegate

- Karaophth Since 1999 on Annual Basis as a Regular Participant / Delegate.
- Hyderabad Ophthalmology Conference Since 2001 on Annual Basis as a Regular Participant / Delegate.
- Lahore Ophthalmo Since 1997 on Annual Basis as a Regular Participant / Delegate.
- Bhurban Ophthalmo Conference Since 2008 on Annual Basis as a Regular Participant / Delegate.
- Symposium at Abbottabad on Paediatric Ophthalmology 2010.
- Peshawar Ophthalmic Conference EyeCon 2016 In Nathiagali and 2017-18 In PC Peshawar.
- Annual Ophthalmic Conference at Hyderabad and Received GOLG MEDAL in 2019.
- Nawab Shah Symposia in 2025, 2017, 2020

INTERNATIONAL DELEGATE / PARTICIPANT/SPEAKER

- Asia Pacific Academic of Ophthalmology (APAO) at Lahore (Pakistan) 2007.
- Mecco Ophthalmic Conference at Marrakesh (Morocco) 2007.
- World Ophthalmic Conference at Hong Kong 2008.
- Asia Pacific Ophthalmic Conference at Sydney (Australia) 2011.
- World Ophthalmic Conference at Abu Dhabi (UAE) February 2012.
- Asia Pacific Ophthalmic Conference at Busan (Korea) April 2012.
- Asia Pacific Ophthalmic Conference with WOC at Tokyo (Japan) April 2014.
- Asia Pacific Ophthalmic Conference Guangzhou (China) April 2015.
- American Academy of Ophthalmology at Chicago (USA) October 2016

- Asia Pacific Ophthalmic Conference at Singapore March 2017
- European Society of Cataract & Refractive Surgeons at Lisbon (Portugal) October 2017
- World Ophthalmic Conference at Barcelona (Spain) June 2018

WORKSHOPS, SEMINARS & CONFERENCES ATTENDED

NATIONAL

- FCPS and FRCS revision course 1999
- Research Methodology, Biostatistics & Medical writing (CPSP) 2001
- Pediatric ophthalmology workshop 2002
- Low vision Aids (LRBT) 2003
- Prevention of blindness (PIPO 2004)
- Glaucoma management pearls 2005
- Communication Skills (CPSP) 2006
- OCT/FFA/ICG/Laser combined approach 2006
- Education planning & Evaluation (CPSP) 2007
- Assessment of competence (CPSP) 2007
- Supervisory skills (CPSP) 2007
- C3R workshop/Lasik live surgery 2007
- Phacoemulsification course for beginners APAO, Lahore 2007
- Vitreoretinal hands-on skills learning 2008
- Refractive surgery live workshop 2008
- Advanced Phaco emulsification course 2009/2010
- Botulinum toxin.... hands on workshop 2009/2010
- Oculoplastic symposium 2010
- Glaucoma Symposium 2011
- MCPS in Health Professional Education at CPSP 2011-2013 Batch
- Clinical Attachment in Vitreo Retina in University Hospital, Freiberg, Germany.
- Clinical Attachment in Vitreo Retina in James Cook University Hospital, Middleborough, UK

INTERNATIONAL

- APAO Sydney 2011

- Clinical Attachment in Vitreo Retina in University Hospital, Freiberg, Germany.
- Clinical Attachment in Vitreo Retina in James Cook University Hospital, Middleborough, UK

ACADEMIC & RESEARCH DEVELOPMENTS

- Establishment of Nishtar Institute of Ophthalmology & Allied vision Sciences (NIOAVS) Multan 2022
- Establishment of Vitreo Retinal facility at Nishtar Medical University, Multan in 2017
- Establishment of Keratoplasty facility at Nishtar Medical University, Multan in 2018
- Establishment of Keratoplasty facility at Sahiwal teaching hospital, Sahiwal in 2021
- PHOTA Registration in 2021
- Approved PC-1 for Keratoplasty Center at Nishtar Medical University, Multan
- Approved PC-1 for EYE BANK at Nishtar Medical University, Multan
- PC-1 for Nishtar Institute of Ophthalmology & Allied Vision Sciences in Multan

9. MEMBERSHIPS

Academic

- Member of Board of Governors at TIMES INSTITUTE, Multan
- Member of central Induction Committee for PG training, Health Department, Lahore.
- DIRECTOR, Post Graduate Training. NMU, Multan
- PROFESSOR at THE MUTHUSAMY VIRTUAL UNIVERSITY of Post Graduate Ophthalmology
- Member of Faculty of Ophthalmology, CPSP.
- Member Faculty of Medical Education (MHPE), University of Health Sciences, Lahore.
- Member Faculty of Department Medical Education (DME), CPSP.
- Member of Advanced Studies & Research Board (ASRB), UHS, Lahore.
- DIRECTOR, Department of Medical Education NMU, Multan.
- Member of Reviewer board of Pakistan Journal of Ophthalmology (PJO).
- Joint Controller Examinations of CPSP, Bahawalpur.
- General Secretary of OSP, MULATN Branch.
- General Secretary of Pakistan Oculoplastic Association.
- Approved Examiner of CPSP for MCPS, IMM, FCPS
- Approved Examiner of UHS for MBBS, DOMS, BSc Optometry
- Approved Supervisor of CPSP for MCPS, FCPS & VR FCPS

Professional

- Professional member of Pakistan Medical Council (PMC), Islamabad
- Life Member of the Ophthalmological society of Pakistan (OSP), Multan since 20017
- Member of Faculty of ophthalmology, College of Physician and Surgeon Pakistan (CPSP)
- Member of American Academy of Ophthalmology
- Founder Member of Medical Retina Association of Pakistan

10. PG TRAINING

1. DOMS	TEN
2. MCPS	Two
3. FCPS	Twenty-Four
4. FCPS VR	Four
5. MS Ophthalmology	Ten
6. Mater's IN	Five

Medical Education

11. AWARDS & ACHIEVEMENTS

- Received Prof. Daud Khan GOLD MEDAL for RESEARCH & DEVELOPMENT in Ophthalmology in 2022
- Received DITINGUISHED SERVICES AWARD in Ophthalmology by OSP LARKANA in 2020
- Received GOLD MEDAL of BEST Paper Presentation by OSP Hyderabad in 2019
- Received Quaid e Azam GOLD MEDAL by in 2019 by Estehkam e Pakistan Council, Pakistan
- Cleared MBBS, MCPS, and FCPS I & II all in 1st Attempt
- Passed FRCS (Glasgow.) in 1st Attempt

12. COMMUNITY WORK

Screening Camps

- Worked with Crescent lions club since 2017 in Organizing screening camps in schools and far-flung areas in Various Districts of south Punjab.

Free Surgical Eye Camps

- Surgical Free Camps Every Year in south Punjab since 2001.

Introduction towards standards in free eye camps

- Introduced the use of pyodine scrub, opsite, separate syringes and viscoelastics
- Also introduced screening for Hepatitis B, Hepatitis C, Sugar level and HbA1c prior to Eye Surgery in free Eye Camps to Prevent the Spreading of Hepatitis B, Hepatitis C and endophthalmitis.

Public Awareness campaigns

- Lectures, workshops, and seminars regarding Diabetic screening, intravitreal injections and over the counter (OTC) use of steroids

Community service programs with NGOs

- Pakistan Urban paediatric eye care Program since 2017
- Diabetic screening program since 2018
- Cataract surgical program since 2019
- Comprehensive and inclusive eye health at primary & secondary level for the people living in Layyah since 2020

13. CLINICAL EXPERTISE

- Cataract surgery (phacoemulsification with Rigid/Fold-able/Roll able IOLs)
- Vitreo-Retinal Surgery
- Lasers/ LASIK/Femto/PRK/TPRK/ICRS
- Oculoplastics/orbit
- Glaucoma Surgery

14. HOBBIES

- Playing Golf (Member of Golf Club, Bahawalpur)
- Social Activities(Member of BGM, Bahawalpur/ SHAPES Multan)
- Computer & Internet
- Active participant of ophthalmology social media groups
- Tourism